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## YMCA Inclusive Lives Project

### Organisation Details

#### Description of activity

The YMCA Inclusive Lives Project is an exciting project across Kingston, Richmond and Merton that aims to:  
Increase supportive art, dance and exercise activities for all ability and mobility levels  
Provide support, education and employment opportunities for disabled people and those with a mental illness  
Celebrate and build awareness of living with a disability in the community

### Contact Details

#### Contact Name

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#### Website

[https://ymcastpaulsgroup.org/services/health-wellbeing/ymca-inclusive- ...](https://ymcastpaulsgroup.org/services/health-wellbeing/ymca-inclusive-...)

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