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Kooth

Organisation Details

Description of activity

Kooth is an online counselling and emotional well-being support service for children and young people in Kingston, available free at the point of use. An early intervention solution, Kooth helps to reduce waiting times for young people seeking help while removing the stigma associated with accessing mental health support.

XenZone is a provider of online mental health services for children, young people and adults. Kooth, from XenZone, is an online counselling and emotional well-being platform for children and young people, accessible through mobile, tablet and desktop and free at the point of use.

Watch the Kooth video on YouTube <https://youtu.be/i5lpcroFZdw>

For more information about XenZone, please visit XENZONE.COM. If you're a parent looking for more information about Kooth, please email PARENTS@XENZONE.COM

Contact Details

Website

<https://kooth.com/>

Accessibility

Staff have specialist training

Yes

Availability Details

Days and times of activity / opening

Monday	from 12:00	to 22:00
Tuesday	from 12:00	to 22:00
Wednesday	from 12:00	to 22:00
Thursday	from 12:00	to 22:00
Friday	from 12:00	to 22:00
Saturday	from 18:00	to 22:00
Sunday	from 18:00	to 22:00

When is the activity or service available

All Year Round

Is there a cost for this service or activity

No

Which categories suit this organisation?

Services

Health Services | [Support Services](#)

Age Range

Age of Users

