

PARENT AND CHILD FITNESS SESSIONS

18
Sep

🕒 9AM to 10AM

📍 Richmond Rugby Richmond Athletic Ground , Twickenham Road. [View map](#)

Every Saturday Morning!

Structured fitness sessions run by Richmond Community Coaches.

Open to all

Every Saturday 9am - 10am

All coaches are DBS checked

Maximum of 15 participants per coach

Organiser and Contact Details

Organiser

Richmond Rugby

Website

[https://www.clubs-hub.com/richmond/index.cfm?event=event&eventId=39593 ...](https://www.clubs-hub.com/richmond/index.cfm?event=event&eventId=39593)

Costs

Costs

FREE! Booking required

Event Repeats

Repeats

There are currently no upcoming scheduled repeats

Event reminders

You can send yourself a reminder email three days prior to events taking place. 'PARENT AND CHILD FITNESS SESSIONS' took place on 18 September 2021.

Location Map