

# YEAR 7 - YEAR 13 - OUTDOOR FITNESS SESSIONS

**25**  
Jan

🕒 5PM to 6PM

📍 Richmond Rugby Richmond Athletic Ground , Twickenham Road. [View map](#)

Every Tuesday and Thursday in term time

Structured fitness sessions run by Richmond Community Coaches.

Open to all secondary school age children

Every Tuesday & Thursday 5 pm - 6 pm

All coaches are DBS checked

Maximum of 15 participants per coach

## Organiser and Contact Details

### Organiser

Richmond Rugby

### Website

[https://www.clubs-hub.com/richmond/index.cfm?event=event&eventId=39591 ...](https://www.clubs-hub.com/richmond/index.cfm?event=event&eventId=39591)

## Costs

### Costs

FREE! Booking required

## Event Repeats

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This event repeats on the following dates:

- 25Jan
- 27Jan
- 1Feb
- 3Feb
- 8Feb
- 10Feb
- 15Feb
- 17Feb

## Event reminders

You can send yourself a reminder email three days prior to events taking place. 'YEAR 7 - YEAR 13 - OUTDOOR FITNESS SESSIONS' is taking place on 25 January 2022.

# Location Map