

Wild Mind - wellbeing support for the LGBTQ community

05

Feb

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The Wild Mind Project is offering a safe, confidential space in nature for you to share your feelings with like-minded young people who are struggling just like you.

A typical 2-hour session might include a walk in nature, conservation work or gardening, combined with a creative activity and a chat, where you can choose to share your thoughts and experiences.

Programmes run for 4 or 5 weeks and are available in the boroughs of Hounslow, Richmond and Kingston for young people aged 16-25. Programmes start from Feb 2021.

Basic Details

Age of Users

From 16 To 25

Organiser and Contact Details

Organiser

The Wild Mind Project

Email Address

hello@thewildmindproject.org

Phone

020 8977 9989

Website

<http://www.thewildmindproject.org>

Costs

Costs

Free

Event Repeats

Repeats

This event repeats on the following dates:

- 15May
- 16May
- 17May
- 18May
- 19May
- 20May
- 21May
- 22May

Event reminders

You can send yourself a reminder email three days prior to events taking place. 'Wild Mind - wellbeing support for the LGBTQ community' took place on 05 February 2021.